

## Transitioning to college while dealing with PTSD

**Bill:** I asked for a college cut and I received it and I attended Ohio State very briefly. I couldn't find my mind wrapping around academia, I couldn't concentrate, couldn't study, and I really couldn't focus on the whole thing. This was well before the diagnosis of PTS, which occurred in 1980. I couldn't understand what was wrong with me because I always felt nervous. I was tapping my feet all the time. I couldn't sit down and my head had a swivel on it. I was always watching everybody and whenever somebody came into a room or something, I was watching them before they saw me, and I couldn't understand why I was like that.



U.S. Department  
of Veterans Affairs

**MAKE THE  
CONNECTION**