

Treatment to get sober and back on track

Wesley: Back in 2002 after the wildness ended and I was seeking help I was pretty much on the streets of Dallas and I had lost everything in the culmination of a year. Everything that I had built up I had pretty much lost. And so I was just down and out and that's why I went to the inpatient VA rehab.

Went to a, it's a Veteran's quarters here in Denver and there's a sober living environment where I was not able to get away with my little antics and stuff like that. I'd get caught. So I decided that was the best route for me at the time. And since then I'm moving into a place in Littleton next week. So everything's looking good. The main thing I have to keep in front of me is my sobriety. That's number one for me right now.

Don't feel that you have to do it by yourself. I mean, there's other people going through, it's surprising, but there's other people going through quite similar, if not the same thing, as you are.



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