

It's Never Too Late To Reach Out

Daniel: I was very concerned that if I started to talk to somebody about my experiences, that they would tell other people, or tell my command.

Dave: If I was aid to camp to the four-star general, in that high visibility role, I was really worried about even just walking near the mental health clinic.

Mike: You're very selective about who you talk to. That's why a lot of veterans only talk to other veterans who have experienced the same thing.

Priscilla: Contrary to the stigma, there's nothing wrong with going to seek the services that are available to you. And it was using a lot of those services that helped get me to this point.

Leon: You fought in a war. You're tough. Alright now you're out of it, you get tougher.

Sam: They're not going to knock on the door. You have to make that step, or do that walk in.

Announcer: Take the next step. Visit *MakeTheConnection.net* to find out how.



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