Veteran Strength and Connection 30 Second

Speaker1: Getting out of the military, I was missing this comradery.

Speaker2: It's frustrating when you try and talk to people that don't understand.

Speaker3: I still had the anger. I still had the addictions. But we didn't talk about that.

Speaker4: It came to a point where I was like, okay, I really need to talk to somebody about this.

Speaker5: Family more or less encouraged me, you know, go to the VA.

Speaker2: It's okay to go get help. It's okay to talk to people. Because it takes true strength to ask for help.

Speaker6: Hear Veterans real stories of strength and recovery at MakeTheConnection.net.



