Learn About Medication Treatment

Dave: Knowing that, as I'm coming up for transition to civilian life and retiring from the military, I asked to be put on medication and restarted counseling.

Susan: I think the important thing to know is that you can't just do the meds. I have a psychiatrist that I talk with every three months regardless.

Dave: I was so impressed how two or three months later, my wife came up to me and said, "Honey, I've noticed such a difference."



