

Responding to memory loss with patience

Tiffany: I can say something as simple as one, two, three. Babe, we need to run to Wal-mart today, then we have to pay the car insurance and I need you to pick up the clothes from the cleaners. And I've told him three times, I've written it twice, I've texted him. I could probably shoot an email, he wouldn't answer, but, before he gets to point A, to point B, to point C, he's literally forgotten. It's very difficult for him to fine tune or tune out everything else to tune in to what you're saying at that moment sometimes. He's terribly distracted. A lot of times it's just distraction within his own head. I get very frustrated sometimes and then it'll escalate and then finally he's like, "I'm sorry babe, I know you told me some important stuff, I just, I forgot." And it's not a matter of, purposefulness. He's not trying to be blatantly forgetful or whatever else, he just truly has very irrational short term memory problems.



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