

I know I can't watch war movies anymore.

Robert: One thing they said to me in therapy I never forgot, they said never forget that some things never go away, and I said "What do you mean?" He said, your life will never be a normal life in the sense of thinking because you have had these experiences. So I never tried to act like it was gone, but the one or two times I did, it was more or less, I was immersed in academics or my young family or whatever the case was, but it would come out at different times. I started going to the Vet center. I started going for every time the Veteran program would, they would have a program, I would sign up. To this day, I know what some triggers are. I can't watch a full movie of any type of war, because it reminds me of the instances of me treating victims. That has been over 25 years now. I never tried to sit through, my wife, my second wife, knows right now, if she is watching one, she likes those types of pictures, she will turn it, and she will look over and see me. My first wife had no idea. I would sit there like a zombie.



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