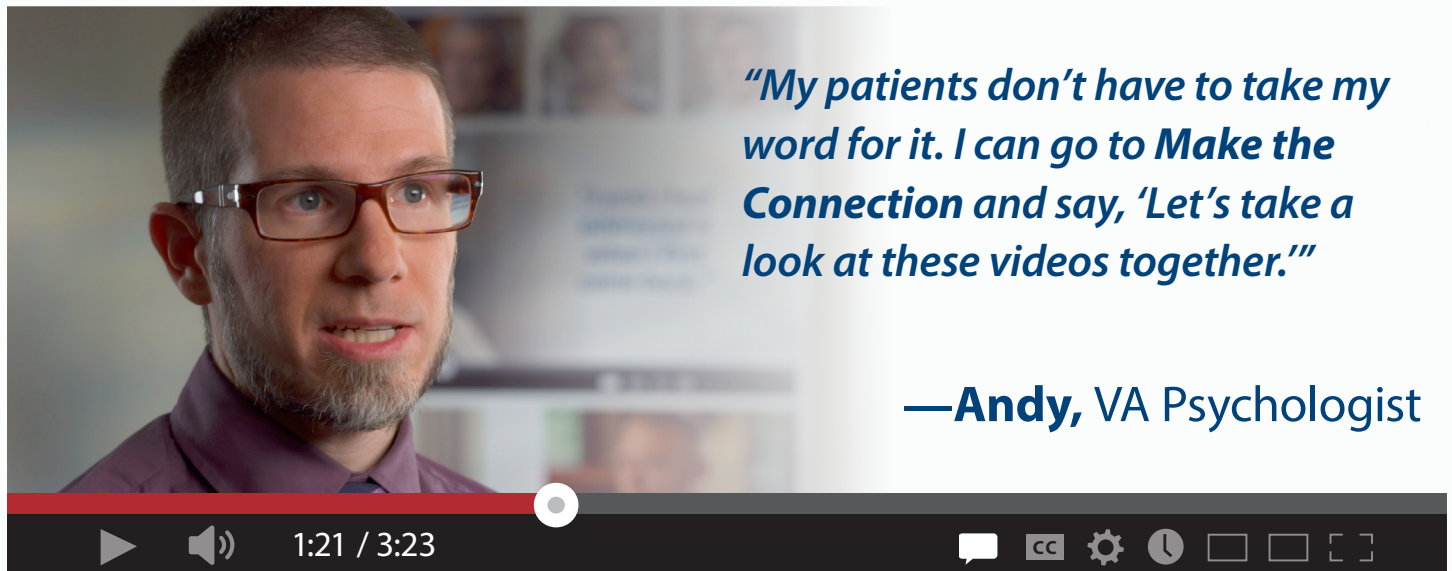


Mental health professionals:

Use *Make the Connection* to support your work with Veterans.



*"My patients don't have to take my word for it. I can go to **Make the Connection** and say, 'Let's take a look at these videos together.'"*

—**Andy**, VA Psychologist



*"The **Make the Connection** website can ... be helpful for providers who have been serving Veterans for a long period of time, but also for new providers to gain some understanding and to really hear it from the voice of the Veteran."*

—**Amy**, VA Psychologist



*"If I find that someone's not quite sure if the symptoms that they're experiencing are to the level that they should enter treatment, then I may introduce them to **Make the Connection**."*

—**Jade**, VA Psychologist



"Knowing someone else has gone through it and found solutions proves other Veterans can do that as well."

—**Sue**, VA Suicide Prevention Coordinator

Visit **[MakeTheConnection.net/Clinicians](https://www.MakeTheConnection.net/Clinicians)** to learn how **Make the Connection** can help you in your practice.

The most powerful messages about the importance of Veterans' mental health can come from other Veterans. Use ***Make the Connection*** to show Veterans that treatment works.

Veterans often face a distinct set of challenges, and ***Make the Connection*** is tailored to address their unique needs. Sharing ***Make the Connection***—or watching any of its hundreds of video testimonials—with a Veteran can connect him or her with valuable information on mental health. Hearing from other Veterans is a powerful tool in breaking down barriers, and it can help your patients realize they are not alone. ***Make the Connection*** is a tool that can support the work you do with Veterans.

At ***MakeTheConnection.net***, your Veteran patients can find relevant information and hear others share their stories of resilience and recovery. Veterans and their family members talk about many topics including:

Life Experiences

- Transitioning from service
- Pursuing higher education
- Physical injury
- Jobs and employment
- Death of family or friends
- Retirement and aging

Signs and Symptoms

- Trouble sleeping
- Relationship problems
- Anger and irritability
- Feelings of hopelessness
- Nightmares
- Feeling on edge

Mental and Physical Health

- Posttraumatic stress disorder
- Depression
- Effects of traumatic brain injury
- Problems with alcohol
- Effects of military sexual trauma

We can all play a part in supporting Veterans on the path to recovery. Every day, thousands of Veterans connect with the resources and support they've earned and find ways to move forward.

Share ***MakeTheConnection.net*** with your Veteran patients.



www.facebook.com/VeteransMTC



www.youtube.com/VeteransMTC



www.google.com/+VeteransMTC