

Veteran Strength and Connection 60 Second

Speaker1: Getting out of the military, I was missing this comradery.

Speaker2: It's frustrating when you try and talk to people that don't understand.

Speaker3: I would be talking, but I wasn't there with them. You just feel so alone.

Speaker4: I still had the anger. I still had the addictions. But we didn't talk about that.

Speaker5: It came to a point where I was like, okay, I really need to talk to somebody about this.

Speaker6: Family more or less encouraged me, you know, go to the VA. You're a Veteran. See what they can do to help you.

Speaker7: When you have family, friends, when you have the facilities like the VA and the Vet Center, it gives me, it gives others encouragement to keep moving forward.

Speaker2: It's okay to go get help. It's okay to talk to people. Because it takes true strength to ask for help.

Speaker1: Talking with other Veterans was the best method for learning the roadmap to success.

Speaker8: Hear Veterans real stories of strength and recovery at MakeTheConnection.net.



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