

## Feeling on edge had an impact on family life

**Hector:** There were things that we needed to do in the house in order for the house to be safe, secure. The blinds needed to be turned a specific way at a certain time. I would literally say, "Secure the house," and I taught the boys how to turn the blinds, where I want the blinds and I said, "Do this," "Because if you don't do this, then somebody's going to get hurt and it's not just getting hurt, it's death." And now here's at the time like a nine-year-old going, "Death, are you kidding me? Who's going to die?" There were things about how to lock the doors. There were things about, never sneak up on me again. I remember looking at my oldest, I mean my now oldest and saying, "Never ever reach around me again" or "If you're gonna put your arm around me, you need to tell me that you're going to touch me." But I wouldn't say it like the way I'm saying it now, it was just 100 mph. And he's looking at me. He's a little bit scared and like "Why's this guy reacting this way, I'm just wanting a hug."



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