

## Coming home when his buddies didn't led to guilt

**Don:** I didn't have it nearly as bad as some guys had it. I feel guilty about that sometimes like I should have suffered more. Get that survivor syndrome, survivors' guilt. I didn't do enough, didn't work hard enough. I hear it from these young vets today, they want to go back because they left their buddies there. They want to keep going. But I crash-landed in helicopters, like, we were attacked on LZs and I came home without a scratch and my buddies didn't. A lot of guys didn't make it home, and a lot of guys, I always think a lot of these guys made it home alright but they're still in Vietnam. And I didn't want to be them, I didn't want to be that person that didn't come home completely. So, I think the last, since 9-11, especially since being treated by Dr. Kennedy that an opportunity to heal a little bit and realize that whatever I did, good or bad, in the end was part of my life experience, and the good thing is that I did something for this country.



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