

Overcoming alcohol problems with the help of VA

Joe: I didn't realize I was screwed up until after I quit drinking. Once I quit drinking, then I realized how screwed up I was. We'd go out and drink and I'd be drunker than hell, you know, because then I could sleep. Then a friend of mine said, "Well, how come you get so drunk?" I said, "That's what we're going out there for, ain't it?" I said, "We're going out here to drink and forget." So, that went on for quite a few years. But sometimes I'd get kind of crazy and try to fight people and shut down, but after I quit drinking and sobered up and went to all this counseling and stuff, that really helped. I was kind of wishing that they would've had it for all the older guys, you know, the World War II Veterans and Korean War.



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