

Resources for overcoming homelessness

Kevin: Well if you need to be in a shelter, swallow your pride and go, cause that's where the resources begin. You go into the shelter, and all shelters in my experience, they have a VA rep there who deals just with the Vets. That's called a GPD program. The VA pays the shelter to put us up. You start to learn about your resources, subsidized housing, mental health, discounted bus passes, whatever. So if you're in that position where you're out on the street, find a shelter. Ask other people. If there's multiple shelters in your town, ask about which is a good one or better yet, ask your people at the VA which one they would recommend. But you have to get over that stigma and get into there, and from there you begin to work your way up.



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