

SOMHC – Drug Misuse

Jerry: Got addicted to the oxycodone and started standing up and falling over, and my two sons said, "You need help, Dad."

La Wanda: I didn't realize I suffered from the disease of addiction and that there was help available.

Robert: There was no job that I could keep. I thought that I was doomed to be where I was at, and that was basically in a living hell.

Phillip: I got hooked on meth. Just the way it affected my relationship with my loved ones, it pushed them away. It burned my bridges. I found myself all of a sudden homeless living in my Durango.

Josiah: After I got out of the hospital, they prescribed me Oxycontin, but I became very, very chemically dependent on those narcotics.

David: Now I'm being who I should be, as number one, a father, a husband, a soldier. I ended up winding myself in a hospital, in the ER. Went back home after getting out of the ER and my wife gave me an ultimatum. She was like, "It's either your family or that."

Robert: I was able to have a therapist and be open and honest with them.

Jerry: Learn the coping skills, know when they're going to happen or what triggers you, and trust your behavior.

Phillip: If it weren't for some veterans talking to me, I wouldn't be here right now.

David: I'm a better man because of it.

Josiah: I'm here for a reason and I have things to contribute and I am worthy.

La Wanda: I highly encourage all veterans to go to the VA for substance abuse, PTSD, anything.

Phillip: When's the last time you were really happy? Wouldn't you like to be there? Wouldn't you like to get to that point or even better? We can help you get you to the light



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