









## Encourage Your Veteran Patients To Make the Connection

**MakeTheConnection.net** is a free online resource created to connect Veterans and their family members and friends with information about mental health challenges, treatment options and sources of local support.

The Make the Connection website can ...
be helpful for providers who have been
serving Veterans for a long period of time,
but also for new providers to gain some
understanding and to really hear
it from the voice of the Veteran.

— Amy, VA Psychologist

## On **MakeTheConnection.net**, you and your patients can find:

- **Inspiring Stories of Help and Hope:** The easy-to-use website features podcast episodes, articles and an extensive video gallery. With a quick search, you can find stories that align with the experiences of the Veterans you are treating.
- **Information and Encouragement:** Show your patients the website, where they can learn about the signs, symptoms and treatment options for a variety of mental health conditions. They also learn that treatment works, from the experiences of fellow Veterans.
- **Solutions, Not Stigma:** By featuring hundreds of Veterans who have learned to work through their challenges with professional support, the website normalizes both mental health conditions and care while also providing information about local resources for Veterans.

## Learn more at MakeTheConnection.net











@VeteransMTC



